



MAITLAND PRIVATE DAY REHABILITATION

📞 02 4931 2390

What is Maitland Day Rehabilitation?

Maitland Private Hospital's Day Rehabilitation program is the largest of its kind in the Hunter Region. Day Rehabilitation allows people to benefit from input from a specialist multidisciplinary rehabilitation team, without the need to be admitted as an inpatient.

'Day Rehab' caters for those who have Top Level Hospital cover, Department of Veterans Affairs (DVA) cover or Third Party Insurance claims.

How often do patients attend Maitland Day Rehabilitation?

Patients who attend the Day Rehabilitation program most often attend two days per week, for a period of 6-8 weeks, however this can be adjusted according to need. Sessions range from 1.5 hours to 3 hours depending on your health fund and requirements.

How does the referral process work?

A doctor's referral is required to attend Day Rehabilitation. Current inpatients can be referred by their treating physician. This process is normally arranged by the inpatient team.

General practitioners, surgeons and treating specialists can send referrals directly to: Dr Konesh Thiyakesan, Dr Rebecca Beiers or Dr Lasitha Delungahawatte via:

Email: mtl.dayprogram@healthecare.com.au or
Fax: 02 4937 9590.

For any further details, please call 02 4931 2390.

What services are offered at Maitland Day Rehabilitation?

- Neurological
- Orthopaedic
- Cardiac
- Reconditioning

Each program is tailored to individual needs, and includes access to individual sessions of:

- Physiotherapy
- Hydrotherapy
- Occupational Therapy
- Exercise Physiology
- Nutrition and Dietetics
- Speech Pathology
- Social Work
- Nursing/ Wound care

Maitland
Private Hospital

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maitlandprivatehospital.com.au

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