

OLDER PERSONS

Ageing can pose a number of difficulties that may cause mental health issues, including:

- Bipolar disorder/mania
- Depression
- Anxiety
- Memory problems
- Schizophrenia/other psychotic conditions
- Other complex mental health presentations not customarily managed by GPs or aged care providers alone

Issues may develop for many reasons including:

- Illness
- Frailty and loss of independence
- Grief and loss of a loved one
- Financial stress
- A change in living arrangements
- Increasing social isolation

We have a qualified team who are attentive and understanding, to meet the needs of the elderly and ensure the comfort of all patients. We provide assessment, management and support for people who have a mental illness over the age of 65 years, and we encourage family members and carers to get involved in helping their loved ones plan for their future.

Our assessment includes cognitive and general functioning to provide our patients with the best programs to meet their needs.

Our inpatient programs focus on educational, therapeutic and diversional activities. Therapeutic interventions are provided on the basis of individual need and evidence-based guidelines depending on the diagnosis of each patient. Older persons may also be able to access our Day Programs.